

## Sadhana of the Absolute Essence of Chenrezig

Ah!

This naked, awareness, unfabricated,  
Is the primordial, absolute Chenrezig.

A luminous, white, enlightened dimension,  
From the beginning pure and unstained.  
Attired as spontaneous *Sambhogakaya*,  
Taming beings by compassion, its activity is complete.

From the beginning, co-emergent with self;  
Inseparable from *Samaya* and *Jnana* beings  
Is the natural state of appearances, sound, and the *Dharmata*.

Within this vast expanse,  
Free from acceptance, rejection, and strenuous effort,  
Through the *Samadhi* of continual, overarching clear light,  
*Samsara* and *Nirvana*, a primordial purity --  
The true benefit of beings is accomplished.

Naturally arising awareness -- how incredibly amazing!

OM MANI PADME HUNG

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