

✿ **The Mahamudra Realization Song of Gampopa** ✿

Eh Ma Ho!

This clear light of self-aware pristine wisdom,
beyond existence and nonexistence,
Is free of eternalism and nihilism,
clear and free from identification.

Because primordial wisdom
is free of arising and ceasing.
It is the nature of bliss, free of elaboration,
naturally clear, non-objectified.

Experience bliss without identification!
Experience the clear, primordial wisdom of emptiness!
Experience primordial clarity without need for effort!
Experience inseparable nonduality!
Experience clear light without acceptance and rejection!
Experience the result without hope and fear!
How marvelous that my mind has met this meaning!

By raising certainty in the mind,
there is no wavering.
By realizing everything as deceptive,
there is no fear of attachment.
By realizing all diversity as mind,
there is freedom from abandonment and attainment.
By realizing afflicting emotions as primordial wisdom,
there is no need for antidotes.

When mind is realized in this way,
Dharmakaya is spontaneously established.

✿ **Dedication of Merit** ✿

Through this goodness may omniscience be attained.
May the enemy, mental defilements, be overcome.
May all beings be liberated from the ocean of samsara
And the stormy waves of birth, old age, illness, and death.